

Appendix

List of Assessments, Activities and Training Courses

Age	Assessment, Activity or Training Course
0 year	Born
2 years and 6 months	Assessed in Speech Therapy Department of The University of Hong Kong (HKU)
2 years and 8 months	Started speech therapy in HKU, one hour per week
2 years and 10 months	Started speech therapy in another center, stopped 3 months after completion of the course
3 years and 4 months	Following the recommendation of HKU, stopped speech therapy there
3 years and 7 months	Assessed in Early Education and Training Center (EETC), behind the average by 6 months to 2 years in respective assessed area
3 years and 8 months	Started special education in EETC, two hours per week
4 years and 2 months	Started to participate in group activities in Heep Hong Society, one hour per week. Continued until 5 years old.
4 years and 5 months	Assessed in Potential Development Association Limited (PDA), Ag exhibited symptoms of Asperger's Syndrome
4 years and 6 months	Assessed by a clinical psychologist of Social Welfare Department, Ag was diagnosed as having 'mild degree of autism'
4 years and 7 months	Started special education in PDA, 90 minutes each week
4 years and 11 months	I started my leave and accompanied Ag
5 years and 3 months	Started Play Therapy in YWCA, one session per week, total 8 sessions, one hour each
	Started doing roller skating courses in YMCA, including Beginner, Intermediate, Advance and In-line Hockey course. Each course lasted for 3 months. Stopped at 6 years and 3 months old.

5 years and 4 months	Started "Social Etiquette Course – Phase 1" in Heep Hong Society, 90 minutes each week, total 7 weeks
5 years and 5 months	Started "Social Etiquette Course" in The Boys' & Girls' Clubs Association of Hong Kong (BGCA), 90 minutes each week, total 7 weeks.
5 years and 6 months	I resumed working
5 years and 7 months	Started Indoor Rock Climbing course in Heep Hong Society, 1 hour per week, total 5 sessions. Took a total of 3 courses. Stopped at 6 years old.
5 years and 8 months	Started "Social Etiquette Course – Phase 2" in Heep Hong Society, 90 minutes each week, total 10 weeks
5 years and 10 months	Took part in Play Therapy in YWCA again, one session per week, total 4 sessions
5 years and 11 months	Assessed by EETC, Ag's ability to analyze 2 dimensional graphics was equivalent to age 10
6 years and 7 months	Assessed in Pamela Youde Child Assessment Centre (Kwun Tong), Ag exhibited reasonable good language capability and very good ability to analyze, memorize and describe stories in animation series
	PDA recommended to stop special training
	Reached the exit age of EETC
6 years and 8 months	Started primary school education, appointed as class monitor in the second week
Age 7 till 8	In primary 1 and 2, got 4 "Conduct and Diligences" awards

My Two Wonderful Journeys of Overcoming ASD is the condensed English version of the Chinese book “攜手同心——兩代亞氏保加兒的越障路” written by the same author, Lok Quan Heung (樂君享)

Author: Lok Quan Heung (LQH)

Editor: Potential Development Association Team Member

Online Publisher: Potential Development Association Ltd.

Address: 1/F, 194-200 Lockhart Road, Wanchai, Hong Kong

Phone: (852) 2528 4096

Facsimile: (852) 2528 4347

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